Volunteer
Project Medic

As the Project Medic, you will be based out on our community, environmental or adventure leadership trek projects, with a group of volunteers aged 17-24 and one or two other Project Managers. You will have an essential role in supporting the development of our young people and inspiring them to complete their Expedition and create lasting change through our projects. You will:

• Support the team to look after their own general health and play a key role in managing any medical emergencies if they arise.
• Provide basic First Aid training to the teams during the induction period before you are deployed to projects.
• You will be supported on the project sites by the Office Medics based in the central country office in Nepal or Costa Rica, who you will need to communicate effectively with to ensure accurate centralised records are maintained, so that we are delivering safe and effective Expeditions.
• Deliver medical one-to-one support and coaching for the volunteers, to ensure they gain the most from the experience.
• When not providing medical support, you will work alongside your fellow Project Managers to support the young people in your team, guiding them towards successful completion of their projects, whilst fostering the development of their own leadership and teamwork skills in the process.

Essential skills

• A qualified Doctor, Registered General Nurse or Paramedic with a minimum of two years’ experience post qualification.
• Ability to co-lead a diverse team of international young people.
• Medical skills that are transferable to remote environments.
• To be flexible and adaptable in a challenging and changeable environment.

Volunteer Managers

Medics are part of our Volunteer Manager team. Together you are the driving force behind Expeditions, working alongside permanent country staff to ensure projects run smoothly, and that the young volunteers are safe and supported to deliver change on their projects. On arrival, you will receive training, which you’ll then deliver with the Volunteer Manager team to the young volunteers. Every Expedition is different but the Volunteer Medic team should always be ready to get stuck in and put the needs of the Expedition first.

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I am sure that my experience in Nepal with Raleigh International has and continues to help me manage in difficult situations. I remain very grateful to the time I spent with Raleigh as it taught me patience and to manage whatever situation is thrown at me.

Lisa
Nepal Medic